

Seymour Extreme Dance Inc. Dress Code

All dancers are to follow the Seymour Extreme Dance Inc. dress code. Any dancers not in compliance may be asked to sit out for the class.

- Hair **MUST** be tied up and/or secured out of the face.
- Acceptable attire include: Leotard with tights (with or without dance skirt is acceptable), booty shorts with cami top, leggings with cami top, and a t-shirt is acceptable as long as it is fitted. Sweatpants must be banded/gathered at the ankle to avoid slipping, tripping, and any injuries.
 - No loose clothing or jeans/denim! Jeggings are not acceptable.
- Pictured below are the type of dance shoes that are acceptable for practice & recital. Black shoes may be worn at practices but **tan is required for picture night & recital** for consistency.

Here are some links for possible options; shoes can also be purchased locally at studios such as Barb's Center for Dance or retail store Dance on College Ave in Appleton.



Stelle Jazz Shoes for Girls Boys Leather Unisex Slip-On Dance Shoes (Toddler/Little Kid/Big Kid) <https://a.co/d/0c7llh3X>

Capezio Girl's E Series Ej2c Jazz Slip on Shoe <https://a.co/d/0awkEzeB>

- Tennis shoes or slippers are not acceptable! For the safety of the dancers we need this to be followed!
- For dancers that wear bras, we suggest nude or clear straps for pictures & recital. Here are some links to possible options:

This style has light padding for modesty

Body Wrappers Padded Bra (287) <https://a.co/d/0cRAYokb>



These styles are unpadded

Girls and Women Dance Bra with Clear Detachable Straps Unpadded & Seamless <https://a.co/d/078z7C2X>



iMucci Clear Strap Bra Professional Dance Bra NO Sponge Invisible Ballet Bra <https://a.co/d/03QHjIAM>

